

neighborcare  health™
at VASHON ISLAND HIGH SCHOOL



Welcome!

Neighborcare Health at Vashon Island High School is a full service health clinic that provides medical, dental and mental health services for students of Vashon Island High School, McMurray Middle School, and Chataqua Elementary School among other students on the island. Funding for the

Health Center is partially supported by the King County Best Starts for Kids Levy. Neighborcare Health staff members partner with the school nurse at the Health Center to provide high quality coordinated care to students.



Where?

Neighborcare Health at Vashon Island High School is located in **room number 1205**.

Why?

Our goal is to **help students do better in school** by working with them to **solve medical, dental and mental health concerns**. Our care team focuses on **promoting healthy lifestyles and preventing serious illness**.

Our Health Center is part of **Neighborcare Health**, a network of medical, dental, and school-based clinics, serving more than 70,000 patients in Seattle and Vashon Island each year. Neighborcare Health is committed to creating a health care home, that includes medical, dental and mental health care, and encourages long-term relationships between patients and providers.



When?

Neighborcare Health at Vashon Island High School provides services to all students on weekdays before, during and after school hours. **To schedule an appointment, please call or stop by the office.** The Health Center has

limited hours during summer break and is closed during school holidays.

When Neighborcare Health at Vashon Island High School is closed, students and their families are encouraged to call a Neighborcare Health clinic for medical, dental and mental health services. The closest clinics to Vashon Island High School are **Neighborcare Health at Vashon** for medical services, 206-463-3671, and **Neighborcare Health at High Point**, for medical and dental services, 206-461-6950.

Students and their families are also welcome at any of our non-school-based clinics in Seattle (see back cover).



At Neighborcare Health, we believe that everyone deserves a health care home, regardless of income or insurance status. A health care home is where a team of medical, dental and mental health professionals works in collaboration with each patient to develop a personal health improvement plan. It's a place where we encourage long-term relationships with patients and care for them from birth through end of life. No matter which Neighborcare Health clinic patients visit, we want them to feel at home.

What services are offered to students?

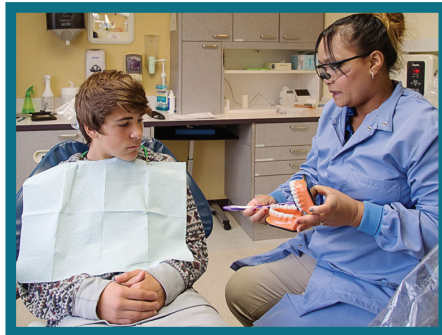
Medical and mental health services offered at Vashon Island High School include:

- Evaluation and treatment of common health problems
 - Sports physicals
 - Preventive health care
 - Reproductive health
 - Vaccinations
 - Individual, family and group mental health counseling
 - Family coordination to establish health care home
 - Insurance eligibility and enrollment assistance
 - Crisis intervention
 - Community and school-based referrals
 - Health promotion and health education
- A part-time mental health therapist will provide mental health services on-site at Chataqua Elementary School to serve elementary and middle school students.

Dental services are provided to students at Vashon Island High School, Chataqua Elementary and McMurray Middle School on a rotating schedule. All procedures are performed by one of our licensed dentists and dental assistants using portable equipment to provide high quality, convenient care at school.

Dental services include:

- Oral exams
- Cleanings
- X-rays
- Sealants
- Fluoride Treatment
- Fillings
- Some extractions



Any procedure that cannot be completed at school can be scheduled at one of our Neighborcare Health dental clinics located throughout Seattle (see back panel).

How can students use the center?

Register! Students must register with Neighborcare Health at Vashon Island High School in order to receive care. A complete registration form and consent with parent or guardian signature is all that is needed to access all of the services offered. **Students 18 years old and over can sign registration forms themselves. Under Washington state law, students under 18 can register themselves for confidential care, including reproductive health services and mental health counseling.**

Request to Report slips are given for appointments during school. We will do everything possible to schedule or reschedule so students miss as little class as possible. Students may also visit the clinic without an appointment by getting a pass from their teacher or a referral from the school nurse.

To access the Health Center's registration packet online, visit neighborcare.org.

What is the cost?

Our intention is to reduce as many barriers as possible to accessing medical, dental and mental health services. **No student will be denied services due to inability to pay.** Because the Best Starts for Kids Levy covers only a portion of the costs to operate the Health Center, we bill insurance companies when possible.

We have Eligibility Specialists who work in all of our sites to assist families and students to enroll in health insurance programs. We accept a wide variety of health insurance plans, including Washington Apple Health (Medicaid) and bill them directly for services. Lab services for non-confidential services are billed to the student's health insurance by LabCorp.

If you have questions about services, please call the Health Center at 206-548-7550.

If you have questions about billing, please contact our billing department at 206-548-3100.

Meet our staff

We are delighted to be part of the Vashon Island community. Please stop by and say hello!



Stephanie Keller
Health Center Coordinator



Meghan Bergeron, ARNP
Nurse Practitioner



Anna Waldman, LICSW
Mental Health Therapist



Marci Napoli, LMHC
Elementary & Middle School
Mental Health Therapist



Sarah Bernhards
Health Educator



John Cheng, DDS
Dentist



Nattaly Hueso, CDA
Dental Assistant



What we do

Each person in our clinic plays an important role in delivering comprehensive care to our patients.

The **Health Center Coordinator** manages the Health Center and helps students and families access the school-based health services.

The **Nurse Practitioner** is a licensed medical provider who provides comprehensive primary medical care services.

The **Mental Health Therapist** is a licensed clinician who provides individual, family and group mental health counseling.

The **Health Educator** provides reproductive and sexual health education and resources to students and families.

neighborcare health

Neighborcare Health is the largest provider of primary medical and dental care in Seattle for low-income and uninsured families and individuals, serving our community for 50 years.

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| <ol style="list-style-type: none"> 1. Neighborcare Health at 45th Street   
206-633-3350 2. Neighborcare Health Youth Clinic at 45th Street 
206-633-7650 3. Neighborcare Health at Bailey Gatzert Elementary 
206-548-3162 4. Neighborcare Health at Ballard 
206-782-5939 5. Neighborcare Health at Central District 
206-461-7801 6. Neighborcare Health at Chief Sealth International High School 
206-938-1360 7. Neighborcare Health at Columbia City  
206-461-6957 8. Neighborcare Health at Dearborn Park Elementary 
206-548-3166 9. Neighborcare Health at Denny International Middle School 
206-923-2809 10. Neighborcare Health at Georgetown 
206-461-6943 | <ol style="list-style-type: none"> 11. Neighborcare Health at High Point  
206-461-6950 12. Neighborcare Health at Highland Park Elementary 
206-455-9025 13. Neighborcare Health at Lake City 
206-417-0326 14. Neighborcare Health at Madison Middle School 
206-933-7842 15. Neighborcare Health at Mercer Middle School 
206-762-2394 16. Neighborcare Health at Meridian   
206-296-4990 17. Neighborcare Health at Pacific Tower 
206-548-5850 18. Neighborcare Health at Pike Place Market  
206-728-4143 19. Neighborcare Health at Rainier Beach   
206-722-8444 20. Neighborcare Health at Roosevelt High School 
206-527-8336 21. Neighborcare Health at Roxhill Elementary 
206-452-2660 22. Neighborcare Health at St. Vincent de Paul–Aurora 
206-548-7600 23. Neighborcare Health at Van Asselt Elementary 
206-548-3168 24. Neighborcare Health at Vashon 
206-463-3671 25. Neighborcare Health at Vashon Island High School 
206-548-7550 26. Neighborcare Health at West Seattle Elementary 
206-548-3164 27. Neighborcare Health at West Seattle High School 
206-658-8048 |
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 = Medical  = Dental  = School-based Health Center  = Pharmacy

