

# neighborcare<sup>™</sup> health

at MERCER MIDDLE SCHOOL



1600 S. Columbian Way, Seattle, WA 98108  
Phone: 206-762-2394

[neighborcare.org](http://neighborcare.org)

## Welcome!

**Neighborcare Health at Mercer Middle School is a full service health clinic that provides medical, dental and mental health services for students of Mercer Middle School.** Funding for the

Health Center is partially supported by the Families and Education Levy. Neighborcare Health staff members partner with the school nurse at the Health Center to provide high quality coordinated care to students.



## Where?

Neighborcare Health at Mercer Middle School is located **adjacent to the main office** and across the hall from the cafeteria.

## Why?

Our goal is to **help students do better in school** by working with them to **solve medical, dental and mental health concerns**. Our care team focuses on **promoting healthy lifestyles and preventing serious illness**.

Our Health Center is part of **Neighborcare Health**, a network of medical, dental, and school-based clinics, serving more than 70,000 patients in Seattle and Vashon Island each year. Neighborcare Health is committed to creating a health care home, that includes medical, dental and mental health care, and encourages long-term relationships between patients and providers.



## When?

Neighborcare Health at Mercer Middle School provides services to all students on weekdays before, during and after school hours. **To schedule an appointment, please call 206-762-2394 or stop by the office.** The Health

Center is closed during school holidays and summer break.

When Neighborcare Health at Mercer Middle School is closed, students and their families are encouraged to call a Neighborcare Health clinic for medical, dental and mental health services. The closest clinics are **Neighborcare Health at Georgetown** for dental services (206-461-6943) and **Neighborcare Health at Columbia City** for medical services (206-461-6957).

*Students and their families are also welcome at any of our Seattle clinic locations (see back cover).*



*At Neighborcare Health, we believe that everyone deserves a health care home, regardless of income or insurance status. A health care home is where a team of medical, dental and mental health professionals works in collaboration with each patient to develop a personal health improvement plan. It's a place where we encourage long-term relationships with patients and care for them from birth through end of life. No matter which Neighborcare Health clinic patients visit, we want them to feel at home.*

## What services are offered to students?

### Medical and mental health services offered at Mercer include:

- Evaluation and treatment of common health problems
- Sports physicals
- Preventive health care
- Reproductive health
- Vaccinations
- Individual, family and group mental health counseling
- Family coordination to establish health care home
- Insurance eligibility and enrollment assistance
- Crisis intervention
- Community and school-based referrals
- Health promotion and health education

### Neighborcare Health at Mercer Middle School

also provides dental care in the Health Center to any student registered as a patient. All procedures are performed by one of our licensed dentists and dental assistants using portable equipment to provide high quality, convenient care at school.

### Dental services include:

- Oral exams
- Cleanings
- X-rays
- Sealants
- Fluoride Treatment
- Fillings
- Some extractions



*Any procedure that cannot be completed at school can be scheduled at one of our Neighborcare Health dental clinics located throughout Seattle (see back panel).*

## How can students use the center?

**Register!** Students must register with **Neighborcare Health at Mercer Middle School** in order to receive care. A complete registration form and consent with parent or guardian signature is all that is needed to access all of the services offered. **Students 18 years old and over can sign registration forms themselves. Under Washington state law, students under 18 can register themselves for confidential care, including reproductive health services and mental health counseling.**

Request to Report slips are given for appointments during school. We will do everything possible to schedule or reschedule so students miss as little class as possible. Students may also visit the clinic without an appointment by getting a pass from their teacher or a referral from the school nurse.

*To access the Health Center's registration packet online, visit [neighborcare.org](https://neighborcare.org).*

## What is the cost?

Our intention is to reduce as many barriers as possible to accessing medical, dental and mental health services. **No student will be denied services due to inability to pay.** Because the Families and Education Levy covers only a portion of the costs to operate the Health Center, we bill insurance companies when possible.

**We have Eligibility Specialists who work in all of our sites to assist families and students to enroll in health insurance programs.** We accept a wide variety of health insurance plans, including Washington Apple Health (Medicaid) and bill them directly for services. Lab services for non-confidential services are billed to the student's health insurance by LabCorp.

*If you have questions about services, please call the Health Center at 206-762-2394.*

*If you have questions about billing, please contact our billing department at 206-548-3100.*

## Meet our staff

**We are delighted to be part of the Mercer community. Please stop by and say hello!**



**Sarah Bernhards**  
Health Center  
Coordinator



**Chelsea Allin, PA-C**  
Physician Assistant



**Mollie Wirtz, LMHC**  
Mental Health  
Therapist



**YaoQui Huang**  
Eligibility Specialist



**Samuel Sun, DDS**  
Dentist



**Rachel Aho, CDA**  
Dental Assistant



**Jose Galeon, CDA**  
Dental Assistant

## What we do

**Each person in our clinic plays an important role in delivering comprehensive care to our patients.**

The **Health Center Coordinator** manages the Health Center and helps students and families access the school-based health services.

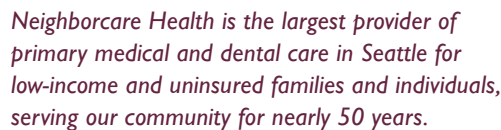
The **Physician Assistant** is a licensed medical provider who provides comprehensive primary medical care services.

The **Mental Health Therapist** is a licensed clinician who provides individual, family and group mental health counseling.

The **Eligibility Specialist** assists families in signing up for health insurance that meets their family's health care needs.

The **Dentist** is a licensed dental provider who provides comprehensive dental care through oral health exams, cleanings, and treatment using portable dental equipment.

The **Dental Assistant** prepares patients for dental treatment and supports the dentist during the dental exam and treatment.



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- A stylized map of Seattle, Washington, showing major highways, districts, and landmarks. The map is color-coded with various shades of blue for water and green for land. Key locations include Lake Washington to the east, Elliott Bay to the west, and various districts like Downtown, University District, and Rainier Valley. Major highways such as I-5, I-90, and SR-520 are shown. Numbered markers (1-25) are placed throughout the map, often with small icons like a house or a car. A compass rose indicates North is up.

**M** = Medical   **D** = Dental   **S** = School-based Health Center    = Pharmacy