

## Breaking News: Our Response to Seattle's Homeless Crisis



**The 2015 the annual One Night Count identified a 21% increase in the number of homeless people on the streets and in shelters in King County.** In response to this homeless crisis, Mayor Ed Murray and King County Executive Dow Constantine signed a Proclamation of Emergency which was then ratified by the Seattle City Council.

Neighborcare Health, the largest provider of health services to homeless and recently homeless individuals, is one of the social service agencies working to address the crisis.

Neighborcare Health currently has six programs focused on caring for the homeless, and supporting their transition into stable housing, and beginning in November we are expanding those services.

### Neighborcare Health at Boren

On November 25, Neighborcare Health opened a new clinic tailored to the needs of homeless individuals and families. Located at Virginia & Boren, the clinic is adjacent to the Dutch Shisler Sobering Center in downtown Seattle. The clinic will launch in phases, with the goal of bringing much needed

primary care to homeless patients and formerly homeless patients living in nearby housing sites. After a remodel, the fully realized clinic will integrate primary medical care, substance use disorder and mental health counseling to serve more than 1,600 homeless patients per year.

### Housing Health Outreach Team (HHOT) Expansion

The Housing Health Outreach Team will continue to provide nursing in supportive housing to help chronically homeless adults remain housed, and in 2016 HHOT will expand to three new housing sites. In addition, Neighborcare Health is launching a primary care pilot at two existing HHOT sites. The pilot program aims to improve access to primary care and therefore health outcomes for those patients who cannot, or will not leave their homes for care, as well as continue to link individuals to a health care home.

As we launch and expand these initiatives, we are working with new and longstanding partners, including community agencies, housing providers and social service providers, to ensure excellent service and health outcomes. Neighborcare Health is committed to meeting our patients where they are and working to ensure that everyone has a caring healthcare home.



## Supportive Housing Team Expands to Pike Place Market

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Neighborcare Health's Housing Health Outreach Team (HHOT) is expanding to Pike Place Market! The HHOT team provides on-site nursing care to chronically homeless adults living in, or transitioning to supportive housing units in downtown Seattle. Although the Market's residents are not chronically homeless, many face similar challenges to healthy living.

Like most HHOT patients, many Market residents have gone for long periods with little to no preventive care. And even though there is a Neighborcare clinic within a few blocks, for those with anxiety or mistrust of the medical system, the barrier is far greater than a 5-minute walk.

In the HHOTT model, a nurse “adopts” a supportive housing facility, visiting regularly, providing information, partnering with case managers, and working to build trust with residents. Building those lasting relationships is some of the hardest work, but it is critical to improving health outcomes. Sometimes a HHOT program nurse will need months onsite before very reluctant residents come to believe she or he can be trusted. But these are often the patients who need the connection the most.

The HHOT program currently serves over 800 people a year, and has an outstanding record of helping even the most challenged patients stay housed.

### Pike Place Market

In addition to offering a booming marketplace for tourists and Seattle residents to shop, dine and explore, the Pike Place Market provides social services and is home to 350 low income residents.

As a pilot program, Kelly Trupp RN has rejoined the HHOT program and will focus on one of the Pike Place resident buildings. Kelly is a perfect choice for the pilot: Kelly was previously a clinic nurse at Neighborcare at Pike Place Market, and also one of the first HHOT program nurses. Kelly will bring all her past experience to build relationships and stabilize the health of the most at-risk residents. If this is as successful as expected, Neighborcare Health would love to expand the partnership with the Market.

Kelly is as pleased to return to the HHOT program as the program is to have her back.

*“I am really excited about being a part of the expansion of the HHOT team into the Pike Place Market, not only to bond the Neighborcare Health's clinic and the Pike Place Market even closer, but to work with the residents who live in the Market and engage them in their own health care. This is a great opportunity to bridge people to care, do some education around health, and be a part of an amazing community within the Market. I love the Market and am looking forward to meeting the residents and the staff who work there.” – Kelly Trupp, RN*

# Thank you to our wonderful community of donors!

Neighborcare Health recently gathered at the beautiful Panoramic Center to honor and thank our community of committed donors for their continued support. **In 2014 donors, foundations and corporations donated more than \$1 million to patient care.** That is certainly something to celebrate. Thank you for joining us as we continue to provide quality medical and dental care to low income and uninsured men, women and children, regardless of ability to pay.



## Neighbors | Winter 2016

45th Street  
Bailey Gatzert Elementary  
Ballard Homeless Clinic at  
Nyer Urness House  
Boren  
Central District  
Chief Sealth International  
High School  
Columbia City  
Dearborn Park International  
School  
Denny International Middle  
School  
Georgetown  
Greenwood  
High Point  
Highland Park Elementary  
Homeless Youth Clinic at  
45th Street  
Lake City  
Madison Middle School  
McDermott Place  
Mercer Middle School  
Meridian  
Pike Place Market  
Rainier Beach  
Roosevelt high School  
Roxhill Elementary  
St. Vincent de Paul –  
Aurora  
Van Asselt Elementary  
West Seattle Elementary  
West Seattle High School



## Help Neighborcare Health's Homeless Youth Clinic replenish their shelves as the weather gets cold.

**The 45th Street Homeless Youth Clinic services are for youth and young adults (ages 12-23) who are currently homeless or have been homeless at some point in the last 12 months. In addition to providing care to young adults, the staff distributes much needed items.**

### The items of greatest need are:

Snack & Beverage  
Granola bars / Snack bars (soft or crunchy)  
Healthy snacks / trail mix (individually wrapped)  
Jerky (individually wrapped)  
Juice boxes  
Individual bottles of water  
Cup-O-Noodle Soups  
Oatmeal (individual packets)  
Instant Coffee, Tea, Hot Chocolate, Hot Cider  
Creamer (dry)  
Artificial Sweeteners  
Sugar (cubed or packets)  
Honey  
Paper Cups (Hot beverages melt plastic cups)  
Paper plates

Paper bowls  
Plastic utensils (forks, spoons, knives, sporks)  
Napkins  
New Socks  
For shoe sizes 5-14; all types are welcomed: (Ankle, no-show, tube, crew, thick/thermal, big & tall)  
New Under-Clothing  
Young men's underwear (S - XXL, plus)  
Young women's underwear (S - XXL, plus)  
Bras (A - D cup, S - L)  
Undershirts/Tank tops for all genders (S - XXL, plus)  
New or Like-New Clothing  
Hats  
Gloves  
Jackets/Hoodies/Coats (L - 3XL)  
Shoes (sizes 7 - 14)  
Travel Size Toiletry Items

Deodorant  
Hair Grease  
Hair ties/Head bands  
Nail Clippers  
Nail Files  
Backpacks  
Blankets  
Rain Ponchos  
Umbrellas  
1st Aid Kits (pocket-sized)  
"Youth-centric" Gift Cards (Clothing, Food, Entertainment, QFC, Safeway, Fred Meyer and other places that sell food are greatly appreciated gift cards)

**Please consider dropping your donation at Neighborcare Health Homeless Youth Clinic at 45th Street, 1629 North 45th Street, Seattle, WA 98103**

**To make a gift to provide health care to those who have difficulty accessing care, send your donation in the enclosed envelope, call us at 206.548.3260, or donate online at [www.neighborcare.org](http://www.neighborcare.org).**