



Ma garanaysaa sida uu ku quseeynayo Affordable Care Act (Obamacare) (Sharciga Xanaanada La awoodo)?

Waanu ku caawin karnaa!

Balan maanta sameeyso!

Adiga iyo qoyskaaga waxa suurtagal ah inaad xaq u yeelataan caymiska (Apple Health/Medicaid) ama caymiska (qualified health plan) kuwaas oo ah caymis caafimaad oo tayo leh. Adiga iyo qoyskaagu waxaad mutaysan kartaa Apple Health/Medicaid oo bilaa lacag ah. Si aad wax badan uga ogaato, wac 206-548-3013 si aad ballan uga qabsato Khabiirka Mutayiga Neighborcare Health ee xaafaddaada.

Fadlan keen waxyaabahaan soo socda balantaada:

DHAMMAAN:	Nuqul cashuur celintii kalhore iyo/ ama waraaqaha mushaharka hal bil
DHAMMAAN:	Ciinwaanka iimaylka (haddii uu jiro)
MUWAADINIINTA MARAYKANKA:	Lambarrada Sooshiyaal Sikiyuuriti ee dhammaan xubnaha qoyska
MUHAAJIRIINTA:	Kaadhka cagaaran (“Green Card”) iyo baasaaboor (haddii uu jiro)
MUWAADINIINTA MARAYKANKA EE DIBADDA KU DHASHAY:	Shahaadada Muwaadinaynta.

AYAA dhawaan mutaystay Apple Health?

- Muwaadin kasta oo maraykan ah ama qofkasta oo wadanka deggan oo hantida soo gasha ay bishii tahay 138 percent- boqolkiiba heerka saboolnimada ama faqriga (federal poverty level (FPL)) ku dhowaad (\$16,000). Bishii halkii qof oo sannadkii kasta loo tixgelinayo sicir bararka wuxuu xaq u leeyahay caymiska (Apple Health/Medicaid) wuxuuna is qori kara waqti kasta ama is diiwaan gelin kara.
- Dadka/qoysaska shaqaysta inta u dhaxaysa 138-400 percent- boqolkiiba heerka saboolnimada (FPL) Waxay xaq u yeelan karaan tixgelinta canshuurta caymiskooda caafimaadka waqtiyada isku qoridda furantahay sanad kasta waxayna ka dalban karaan Health Benefit Exchange-macluumaad badan Waxaa laga heli kara (WHPF) suuqa internetka. (wahealthplanfinder.org) fadlan wac ama gal internetka si aad u ogaatid taariikhda is qoridu furantahay.

MAXAAN u codsanayaa?

- Dhammaan qorshayaasha caymisku ee Washington Healthplanfinder waa inay daboooshaa 10 dheefaha caafimaadka aasaasiga ah sida booqashooyinka dhakhtarka, cusbitaal dhigista, daryeelka hooyada, daryeelka qolka gurmada, daawo qorist iyo waxyaale kale.
- Ceymisyadu uma diidi karaan ceymiska caafimaadka haddii qofku jiran yahay ama dhibaato caafimaad oo hore uu qabay.
- Adiga iyo xubin kasta oo ka tirsan qoyska, aan qabin ceymiska caafimaadka, waxaa laga yaabaa in la ganaaxo marka uu gudbiyo canshuurta haddii uusan qabin ceymiska lagama maarmaanka ah ee ugu yar, una lahayn xaq in laga dhaafo.
- Haddii aad u baahato inaad aragto Neighborcare Health ama bixiye kale, waxa dhici karta inaad bixin lacagtaada adeegyada aad ka hesho.

GOORMA ayuu ceymiskaasi bilaabanaya?

- **Haddii aad mutaysatay Apple Health/Medicaid, waxaad isdiwaangalin kartaa wakhti sannadka oo dhan.** Daboolka Apple Health wuxuu bilaabmaa bisha isqorista wuxuuna socdaa 12 bilood.
- Isku qoridda qualified health plans xagga shaqsiyadaada iyo qoysaska ka sareeya 138 percent – boqolkiiba (FPL) heerka saboolnimada lana adeegsado Washington health plan finder waxa sannad kast lala kulma inta u dhaxaysa bisha kow tobnaad iyo bisha koowaad ee sannadda cusub — Nuveember

iyo Janaayo (November and January) hubso oo ka warhay sannad kasta si aad u heshid taariikhda.

MAXAA u baahanahay inaan sameeyo?

Soo wac 206-548-3013 si aad balan uga sameeysato shaqaalaha u qalmida Neighborcare Health ee deriskaada. Dhammaan Khabiiradayada Mutaysigu waxay aqoon sare u leeyihiin caawinta marka qofku u tago. Waxaanu ka caawinay kabadan 26,000 oo qof inay bartaan ikhtiyaarada ACA-dooda (Obamacare) oo si meelbar ahna isku qoray daboolka. Fadlan maantaba wac. Waxaanu ku faraxsanahay inaanu kula kulano.



GOBAHA CAAFIMAADKA & ILKAHA

- Neighborcare Health at 45th Street** M D
1629 N 45th St, Seattle, WA 98103 | 206-633-3350
- Neighborcare Health Homeless Youth Clinic at 45th Street** M D
1629 N 45th St, Seattle, WA 98103 | 206-633-7650
- Neighborcare Health Ballard Homeless Clinic at Nyer Urness House** M
1753 NW 56th St, #200, Seattle, WA 98107 | 206-782-5939
- Neighborcare Health at Boren** M
1930 Boren Ave, Seattle, WA 98101 | 206-548-7580
- Neighborcare Health at Central District** D
2101 E Yesler Way, Seattle, WA 98122 | 206-461-7801
- Neighborcare Health at Columbia City** M
4400 37th Ave S, Seattle, WA 98118 | 206-461-6957
- Neighborcare Health at Georgetown** D
6200 13th Ave S, Seattle, WA 98108 | 206-461-6943
- Neighborcare Health at Greenwood** M
415 N 85th St, Seattle, WA 98103 | 206-782-8660
- Neighborcare Health at High Point** M D
6020 35th Ave SW, Seattle, WA 98126 | 206-461-6950
- Neighborcare Health at Lake City** M
12721 30th Ave NE, #101, Seattle, WA 98125 | 206-417-0326
- Neighborcare Health at McDermott Place** M
12736 33rd Ave NE, #200, Seattle, WA 98125 | 206-367-0150
- Neighborcare Health at Meridian** M D
10521 Meridian Ave N., Seattle, WA 98133 | 206-296-4990
- Neighborcare Health at Pacific Tower** D
1200 12th Ave S., 4th Floor, Seattle WA 98144 | 206-548-5850
- Neighborcare Health at Pike Place Market** M
1930 Post Alley, Seattle, WA 98101 | 206-728-4143
- Neighborcare Health at Rainier Beach** M D
9245 Rainier Ave S, Seattle, WA 98118 | 206-722-8444
- Neighborcare Health at St. Vincent de Paul – Aurora** M
13555 Aurora Ave North, Seattle, WA 98133 | 206-548-7600

M = Medical D = Dental