

## Health Care for LGBTQIA+ Youth Experiencing Homelessness

## Community Chats- June 2022

We recognize that our community's health is interconnected with all aspects of life, and we hope Community Chats help to provide a look at the bigger picture and how all of our work is connected. Prior to each chat we've sent out resources for attendees to review.

## **Topic Resources:**

- The Types of Homelessness
  - This article breaks down and defines the four 'types' of homelessness- chronic, episodic, transitional, and hidden.
- Connecting health and homelessness
  - An interview with local professor Josephine Ensign about her new book Skid Row: The Frontier
    of Health and Homelessness in an American City. Ensign discusses the struggles that people
    experiencing homelessness face including refrigeration of medication to potentially losing it
    in sweeps.
- <u>Understanding Youth Self-Consent in Gender-Related Health Care Improving medical care for transgender and non-binary youth: confidentiality, consent, and gender-affirming treatment options</u>
  - For family physicians interested in providing gender- affirming care, this *article* details the medical therapies recommended for gender transition in *youth while discussing confidentiality, consent, and gender-affirming treatment options.*
- Youth.gov: Homeless and Housing
  - This website examines what housing and homelessness look like for LGBTQIA+ youth, discuss
    potential shared experiences and include suggestions on how best to support LGBTQIA+
    youth who currently are experiencing or have experienced homelessness.
- True Colors United
  - The True Colors Forty to None Project carries out programs and initiatives on education, advocacy, empowerment, capacity building, and inclusion. The project's webpage includes a search engine to identify local runaway and homeless youth providers that are welcoming and inclusive. The website also has best practice and other resources for communities and providers.
- Legal Council for Youth and Children
  - The Legal Counsel for Youth and Children (LCYC) protects the interests and safety of youth in Washington by advancing their legal rights. Their website also includes the stories of youth they work with. Stories like Lacey's, who was recently at risk of becoming homeless because her family would not accept her LGBTQIA+ identity.